

Park Plains East ATA

Professional Development Day

November 9th, 2018
Wainwright High School
800 6th Street, Wainwright, Alberta

9:00 am - 9:35 am - Networking, coffee, and muffins

Keynote (9:45 am to 11:00 am):

Amanda Lindhout (main gym)

She will host a book signing immediately after in the gym.

Cost is \$17 per book (A House in the Sky).

Session 1: 11:10 am - 12:25 pm

Session 2: 12:35 pm - 1:50 pm

Session 3: 2:00 pm - 3:00 pm

Wainwright (lunch locations) *reservations recommended where able

Boston Pizza (842-3130)

Jack's Place (842-5262)

1979 Taphouse (703-1979)

Honeypot Eatery (842-4094)

Four Seasons Restaurant (842-3232)

Wainwright Steakhouse (842-3727)

San Marco Pizzeria (780-806-1003)

Husky House Restaurant (842-3591)

Anna's Restaurant (842-4206)

Domino's Pizza (842-3366)

Park and Trestle Pub & Restaurant (842-6166)

Custom Bakery and Supply Co. (780-842-8921)

Tim Hortons

McDonalds

Burger Baron

Co-op Grocery

Juice Junkeez

Dairy Queen

KFC

Subway

A&W

Royal Pizza

Tony's Pizza

PRE-REGISTRATION - email bev.yeo@ecacs16.ab.ca by Wed., Oct. 24th at noon for the following sessions: First Aid Recertification, Grade 6 Math PAT, Grade 9 Math PAT

ALL DAY SESSION *First Aid Recertification** - Don Doherty - Room 109 - Cost - \$52.50 due to presenter, bring a bag lunch, time is 8:30 am to 4:30 pm, bring “old” first aid certificate*** ******CANCELLED******

Session 1 11:10 to 12:25	Session 2 12:35 to 1:50	Session 3 2:00 to 3:00
	The History and Legacy of Residential Schools - Kristy Smith - Room 110	The History and Legacy of Residential Schools (continued) - Kristy Smith - Room 110
When Being Absent is Necessary - Fred Kreiner - Room 111	Maternity Leave Entitlements - Fred Kreiner - Room 111	ASEBP - Fred Kreiner - Room 111
Substance Awareness and Overdose Prevention - Keira Vander Vliet and Tricia Peden - Turning Point - Room 112	Addressing Learning Disabilities - Jacqueline Werstiuk - Room 112	Addressing Learning Disabilities (continued) - Jacqueline Werstiuk - Room 112
“Fit” Me In (Fitness) - Rebecca McCullough - Room 119	PRISM - Professionals Respecting Individual Sexual and Gender Minorities - Nancy Bromley - Room 119	PRISM - Professionals Respecting Individual Sexual and Gender Minorities (continued) - Nancy Bromley - Room 119
Here Comes Everyone - Teaching in the Culturally Diverse Classroom - Sheila Williams - Room 125	Here Comes Everyone - Teaching in the Culturally Diverse Classroom (continued) - Sheila Williams - Room 125	Knowing Your Pension (younger teachers) - Susan Reynolds - Room 125
	Make Me a Maker: Fostering a Maker Mentality in Your Classroom - Kathleen Silverman - Room 126	Make Me a Maker: Fostering a Maker Mentality in Your Classroom (continued) - Kathleen Silverman - Room 126

Staff Wellness - Don't Just Survive - Thrive! - Chris McLean - Room 156	Staff Wellness - Don't Just Survive - Thrive! (continued) - Chris McLean - Room 156	When and What to Report - Amanda Malo - Room 156
Division 3&4 Literacy - Vocabulary Building - Lana Lane - Room 131	Division 1 Fountas and Pinnell Benchmark Assessment - Lana Lane - Room 131	Division 2 - Completing a Running Record, and Then What? - Lana Lane - Room 131
Curriculum 101 - Alberta's New Provincial Curriculum - Dan Nash, Charlie Kraig - Room 124	New.LearnAlberta.ca for K-4 Educators - Dan Nash, Charlie Kraig - Room 124	Curriculum 101 - Alberta's New Provincial Curriculum (repeat) - Dan Nash, Charlie Kraig - Room 124
Stress, Drugs & Rock "n" Roll: Managing Stress & the Work-Life Balance - Ariel Haubrich - BTPS Centre	Where Do We Go From Here? The "Right Time, Right Place" Approach to Mental Health Supports - Ariel Haubrich - BTPS Centre	Students with Scars: Understanding Self Injury - Ariel Haubrich - BTPS Centre
Grade 6 Math PAT - Kelly Rota - Room 120 *****CANCELLED*****	Grade 9 Math PAT - Kelly Rota - Room 120 *****CANCELLED*****	
Restorative Circles K-6 - Sharon Steinhauer - Room 128	Restorative Circles 7-12 (repeat session) - Sharon Steinhauer - Room 128	Children's Rehab - Why and When to Refer a Student for SLP/OT/PT - Ashley Southoff and Mikaelae Paslawski - Room 128
You are STRONG Interest Inventory Certified, "Now What"? - Derek Collins - Room 127	Career Coaching Strategies - Greg Smith - Room 127	Chair Yoga - Adrienne Joa - Room 127

Session 1 - 11:10 to 12:25

<p>Room 111</p>	<p>Fred Kreiner</p>	<p>When Being Absent is Necessary This session reviews leave provisions in the collective agreement and how to access these provisions. It also provides information about who to contact for questions and advice and encourages attendees to contribute suggestions for improvements to leaves to their Teacher Welfare Committees (TWCs).</p>
<p>Room 112</p>	<p>Turning Point *Keira Vander Vliet *Tricia Peden</p>	<p>Substance Awareness and Overdose Prevention Turning Point will facilitate a discussion of drug trends and dependence, and naloxone training and distribution. The presentation will be hosted by Keira Vander Vliet (an Awareness Educator with lived experience), and Tricia Peden (our Overdose Prevention Facilitator). Following the presentation they are happy to distribute naloxone, answer questions, and engage in discussion.</p>
<p>Room 119</p>	<p>Rebecca McCullough</p>	<p>Fit Me In Enjoy some “me” time during this fitness session. Movements will include elements of yoga, Pilates, aerobics, step, Zumba and circuit training. Sometimes we just need an opportunity to sweat it out and have some laughs while we indulge ourselves in focusing on self. Modifications of movements will be provided. Please bring a mat, and wear clothing that you can move in. Footwear is optional!</p>
<p>Room 125</p>	<p>Sheila Williams</p>	<p>Here Comes Everyone—Teaching in the Culturally Diverse Classroom (English/French) It is a fact that the demographics of Alberta's schools is changing dramatically and this means that teaching practices and strategies that once worked may no longer be as effective. This workshop will explore concept of cultural competence. Cultural competence provides an approach for examining beliefs, attitudes, policies, structures and practices to enable schools to work effectively cross-culturally. Cultural competence replaces earlier ideas of cultural sensitivity and awareness, which are often embraced by typically result in little change in individual or organizational behaviour. Participants will begin to learn how to develop greater capacity to engage in cultural self-assessment and become more conscious of the dynamics of intercultural interactions.</p>

Room 156	Chris McLean	<p>Staff Wellness – Don’t Just Survive - Thrive</p> <p>This workshop asks, “How can teachers learn to take greater responsibility for their personal and professional wellness to ensure that they have the capacity to help others?” Teachers will reflect upon their current state of wellness and consider approaches to improve their health and well-being. The interrelationship of the physical, emotional, social and psychological states will be explored and ideas for making informed choices about improving quality of life will be shared.</p>
Room 131	Lana Lane	<p>Division 3&4 Literacy - Vocabulary Building</p> <p>Vocabulary is important across the curriculum from language arts and social studies to mathematics and science. This session will provide participants with some great strategies to build academic vocabulary and increase reading and writing effectiveness across the subject areas.</p>
Room 124	Dan Nash, Charlie Kraig	<p>Curriculum 101 - Alberta’s New Provincial Curriculum</p> <p>This session will create an awareness of concept-based curriculum theory and how it differs from a knowledge-skills-attitudes (KSA) approach to curriculum. Participants will also begin to develop a working knowledge of the architecture and design of Alberta’s new concept-based curriculum.</p>
BTPS Centre	Ariel Haubrich	<p>Stress, Drugs & Rock 'n' Roll: Managing Stress & the Work-Life Balance</p> <p>Stress looks and feels different for everyone, but we all know what it’s like to be overwhelmed, burnt out and ready to throw the stapler! Come learn about your brain on stress, why work-life balance doesn't exist (wait...what??), and how to win at work and life anyway. We will explore the dynamics of mental health and mental illness and how we can support both helping us all understand ourselves and each other a bit better. Information, humor and some practical and strategic “life-hacks” make this session just what the doctor ordered!</p>
Room 120	Kelly Rota	<p>Grade 6 Math PAT *****CANCELLED*****</p> <p>The session will provide a general Provincial Assessment Sector update, specific updates for the Math 6 PAT, and provide information on various PAT resources available to teachers.</p>

Room 128	Sharon Steinhauer	<p>Restorative Circles</p> <p>Restorative thinking and practices is a shift away from punishment-oriented approaches to responding to behaviors in classrooms. Participants will learn about the restorative practice of classroom circles and be introduced to a manual that lays out in detail how to implement a variety of different types of circles. These include formats for proactively building connection and community in the classroom, as well as for repairing harm to that community after an incident. It addresses the logistical arrangements of circles, discussion prompts, and other practical tips needed to begin this work. Teachers who use these methods often find that the overall proportion of time dedicated to managing behaviour is reduced that students (and teacher) have happier, more peaceful experiences of their school days.</p>
Room 127	Derek Collins	<p>You are STRONG Interest Inventory Certified, “Now What”?</p> <p>Every person who takes the Strong Interest Inventory presents unique results. Explaining these results in a coherent and fluid manner takes practice. With all the information that the report provides there are many areas to consider for each client. This session we will look at some ways of presenting the information as well as different practices for administering the test in school settings.</p>
Room 109	Don Doherty	<p>First Aid Re-certification (starts at 8:30am to 4:30 pm) *****CANCELLED*****</p> <p>The course covers basic lifesaving skills and introduces the treatment of bleeding, the management of an unconscious casualty, CPR, and how to use an AED and other skills to help someone until medical help arrives.</p>

Session 2 - 12:35 to 1:50

Room 110	Kristy Smith	<p>The History and Legacy of Residential Schools</p> <p>This workshop examines the history, impacts and legacy of residential schools, including the effects of intergenerational trauma. Educators will be trained on the tools, resources and strategies that contribute to the development of mutually respectful relations between indigenous and non-Indigenous Canadians that is explored in this workshop. Participants will leave honouring the Truth and Reconciliation Commission’s calls to action and make a professional and personal commitment to action.</p>
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Room 111	Fred Kreiner	<p>Maternity Leave Entitlements</p> <p>This presentation offers an examination of how maternity leave entitlements affect salary and benefits. It provides a review of the <i>Employment Standards Code</i>, a brief analysis of the bargaining unit's collective agreement provisions such as sick leave and supplementary unemployment benefits (SUB) plans and an overview of Employment Insurance.</p>
Room 112	Jacqueline Werstiuk	<p>Addressing Learning Disabilities in the Inclusive Classroom</p> <p>This foundational workshop provides basic information about mild/moderate learning disabilities (LD). Participants will consider the broad range of students who have been designated LD and engage in activities that stimulate some of the most common conditions (visual, hearing, motor coordination, conceptual and organizational, and social disabilities). The workshop provides resources, basic strategies and other interventions to begin to address these conditions. The workshop does not address severe disabilities nor does it provide information about specific coding and funding for special needs students. The workshop was developed by the Learning Disabilities Association of Alberta.</p>
Room 119	Nancy Bromley	<p>PRISM: Professionals Respecting Individual Sexual (and Gender) Minorities</p> <p>Alberta's School Act was amended in 2015 to ensure that schools will be welcoming, caring, respectful and safe learning environments that respect diversity and nurture a sense of belonging and a positive sense of self. These amendments also provide students the opportunity to establish a gay-straight alliance, diversity club or antibullying club that promotes equality and nondiscrimination. This workshop supports school leaders and teachers to understand the issues of gender and sexual minority individuals, develop strategies to build an inclusive school community (elementary and secondary) and establish and support the operation of a gay-straight alliance upon student request. Participants in this workshop will receive a copy of the recently published GSAs and QSAs in Alberta Schools: A Guide for Teachers or the PRISM Toolkit for Safe and Caring Discussions about Sexual and Gender Minorities (Elementary Edition). This workshop will be tailored to address the school context and goals of participants.</p>
Room 125	Sheila Williams	<p>Here Comes Everyone—Teaching in the Culturally Diverse Classroom (English/French) - (continued)</p>

Room 126	Kathleen Silverman	<p>Make Me a Maker: Fostering a Maker Mentality in Your School</p> <p>There has been a shift in education toward inquiry and hands-on, exploratory learning. The makerspace movement lends itself to many of these ideals. This workshop provides background information about makerspaces and the maker movement, and encourages teachers to get involved and bring it into their classrooms. Students will benefit from the challenges of hands-on inquiry that challenges the traditional classroom setup. Makerspaces provide an opportunity for all students to be successful and for parents and the greater school community to become involved in the classroom.</p>
Room 156	Chris McLean	<p>Staff Wellness – Don’t Just Survive - Thrive (continued)</p>
Room 131	Lana Lane	<p>Division 1 Fountas and Pinnell Benchmark Assessment</p> <p>After reviewing running records and their purpose, participants will complete a benchmark assessment from the Fountas and Pinnell K-2 BAS. The assessment will be analyzed to determine at least three weaknesses of the reader which will ultimately guide teacher instruction.</p>
Room 124	Dan Nash, Charlie Kraig	<p>New.LearnAlberta.ca for K-4 Educators</p> <p>Participants will have the opportunity to explore new.learnalberta.ca to gain greater clarity around how to navigate the site and understand how the learning outcomes are supported by conceptual and procedural knowledge, competencies, and literacy and numeracy progressions. Participants are encouraged to bring their own device to maximize their learning experience. <i>In order to receive full benefit from this session, we recommend that participants work with their principals to establish a Provincial Education Directory (PED) account prior to this session.</i></p> <p>https://education.alberta.ca/new-learnalbertaca/preparing-for-new-learnalbertaca/everyone/sign-up-today/ Principals may want to consult with their system leadership to identify the most efficient process for establishing these accounts! With an account, participants are able to more fully interact with MyBoard and to provide feedback to developers.</p> <p>***Please bring along a laptop***</p>
BTPS Centre	Ariel Haubrich	<p>Where do we Go From Here? The ‘right time, right place’ approach to mental health supports</p> <p>This session will provide an overview of mental health and mental illness and the unique dynamics each have in our schools, communities and systems. We’ll explore the supports available to us as we provide timely, effective and appropriate assistance to those with mental illness and mental health challenges, and will learn the various levels of intervention, the systems responsible for them and the types of activities and strategies they prioritize and employ.</p>

Room 120	Kelly Rota	Grade 9 Math PAT *****CANCELLED***** The session will provide a general Provincial Assessment Sector update, specific updates for the Math 9 PAT, and provide information on various PAT resources available to teachers.
Room 128	Sharon Steinhauer	Restorative Circles (repeat session)
Room 127	Greg Smith	Career Coaching Strategies Going over the STRONG Interest Inventory Results is just the first step in working with students. It is really the start of a conversation. Most often it is a discussion about post-secondary planning. This session will look at how to bring in other tools to fill out academic planning and post-secondary planning. There are different formats of reports to consider. We will discuss what parts of the report are more useful. And we will consider some other areas of planning that the STRONG can help a student by building motivation and engagement in his/her learning.
109	Don Doherty	First Aid Recertification (continued) *****CANCELLED*****

Session 3 - 2:00 to 3:00		
Room 110	Kristy Smith	The History and Legacy of Residential Schools (continued)
Room 111	Fred Kreiner	Alberta School Employee Benefit Plan (ASEBP) This presentation offers a review of the various insurance benefit plans available through the ASEBP, including extended health care, life insurance, extended disability, dental care and vision care. In addition to covering the philosophy underlying a benefit plan operated jointly by school employers and employees, the presentation explains how the various benefit plans function, what options are available and how to appeal a claim that has been denied.

Room 112	Jacqueline Werstiuk	<p>Addressing Learning Disabilities in the Inclusive Classroom</p> <p>This foundational workshop provides basic information about mild/moderate learning disabilities (LD). Participants will consider the broad range of students who have been designated LD and engage in activities that stimulate some of the most common conditions (visual, hearing, motor coordination, conceptual and organizational, and social disabilities). The workshop provides resources, basic strategies and other interventions to begin to address these conditions. The workshop does not address severe disabilities nor does it provide information about specific coding and funding for special needs students. The workshop was developed by the Learning Disabilities Association of Alberta.</p>
Room 119	Nancy Bromley	<p>PRISM: Professionals Respecting Individual Sexual (and Gender) Minorities - (continued)</p>
Room 125	Susan Reynolds	<p>Knowing Your Pension (younger teachers)</p> <p>This presentation provides information on the value of the Teachers' Pension Plan, how it is funded and what benefit teachers received from their pension plan. The presentation also includes a scan of potential threats to pension plans like ours and how to refute those envious of our pension plan.</p>
Room 126	Kathleen Silverman	<p>Make Me a Maker: Fostering a Maker Mentality in Your School- (continued)</p>
Room 156	Amanda Malo	<p>When and What to Report</p> <p>Within this presentation, several aspects of a child's well-being will be reviewed to help practitioners navigate on what to look out for in a child that would warrant a report to the Alberta Ministry of Children Services. Information will also be given on when they need to report, and the Child Intervention process that occurs after that report is made. With this, conversation will take place around what information will be requested, and what questions may be asked during that reporting call. Lastly, the Child Intervention Framework will be reviewed and at what point would a school be asked to be involved in the planning process for a child who is at risk of abuse or neglect.</p>
Room 131	Lana Lane	<p>Division 2 - Completing a Running Record, and Then What?</p> <p>Participants will discuss Running Records and their purpose. Using the running record marking conventions, participants will complete a running record assessment from the Fountas and Pinnell 3-8 BAS. The assessment will be analyzed to determine the weaknesses of the reader which become the reader's reading goals.</p>

Room 124	Dan Nash, Charlie Kraig	Curriculum 101 -Alberta's New Provincial Curriculum (repeat)
BTPS Centre	Ariel Haubrich	Students with Scars: Understanding Self Injury The reality of the pain and struggles that many of our students experience is becoming more apparent, and unfortunately the coping strategy of "self-harm" is becoming more common. There is a lot of fear, misunderstanding, myth, judgement and confusion surrounding why and how students self-injure and we are left wondering how best to react (or not?) and support them as they cope. This session will provide some insight into the reasons students self-harm, the various forms this behavior can take, and the best strategies for prevention and support through both their physical and emotional healing.
Room 128	Ashley Southoff and Mikaelae Paslawski	Children's Rehab - Why and When to Refer a Student for SLP/OT/PT We will be discussing the members of the Children's Rehabilitation Therapy team and our specific roles within the school. We will address the referral process, strategies to trial for a variety of problem areas, and what to expect when working with the AHS team. We will touch on special populations, provide resources, and answer questions regarding general strategies as well as specific concerns.
Room 127	Adrienne Joa	Chair Yoga Chair yoga exercises are simple, evidence-based tools for you and your students to quickly reduce stress and increase focus. At this session you will participate in a gentle and rejuvenating chair yoga practice, using the chair for stability in both seated and standing poses. You will walk away feeling relaxed and with practical ideas on how to use chair yoga as brain breaks to boost learning throughout your day.
Room 109	Don Doherty	First Aid Recertification (continued) *****CANCELLED*****